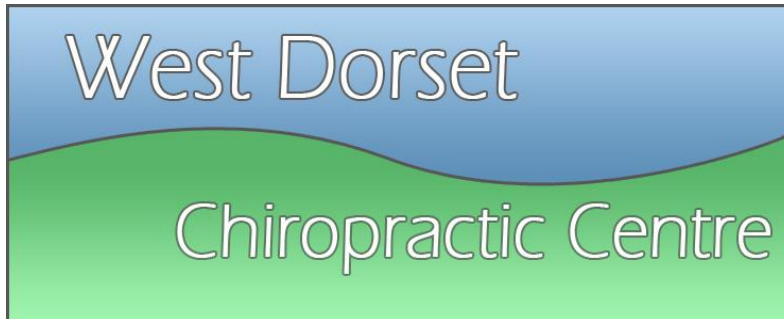


West Dorset Chiropractic



Tim Wallis and Evelyne O'Hare will be able to do postural assessments / spinal screenings on the day and offer advice on how to improve your posture and some simple steps you can do at home to avoid back pain, or to manage it if you already have back pain.

Also Tanya Grafton our holistic massage therapist will also be on hand to answer questions on how therapeutic massage can relieve pain and improve wellbeing