

# **Bridport Medical Centre – Patient Participation Group (PPG)**

Meeting Friday 6 March 2015, 14:00 to 16:00

Venue: Health Education Room

## **CHOOSING WISELY – RIGHT CHOICE, RIGHT TIME, RIGHT SERVICE**

- What do you understand by “acute” and “routine” demand for GP services?
- How do we help patients to choose the appropriate service to meet their need?
- What are the key messages that we need to get to patients?
- How will we deliver these messages?

## **SUPPORTING OUR PATIENTS TO MANAGE THEIR OWN HEALTH AND WELLBEING**

- Whose responsibility is this?
- What are the factors that affect health and wellbeing?
- What do YOU do to maintain your own health and wellbeing?
- How can we, as a PPG, promote/motivate our community to take up activities to promote their health and wellbeing?

## **BUILDING CAPACITY AND CAPABILITY IN OUR LOCAL COMMUNITY**

- How can we all work together to build a circle of support around our most vulnerable community members?